



Thumb Sucking Reward Chart

Track 30 days of progress, celebrate small wins, and choose a prize together.

Name: _____ Start date: _____ Age: _____

How to use it

Add a sticker, stamp, or checkmark each day your child works toward their goal. Keep it positive and choose a small weekly reward plus one special grand prize for finishing the chart.

1	2	3	4	5	6
7	8	9	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30



Weekly Rewards

Week 1: _____ Week 3: _____

Week 2: _____ Week 4: _____



Grand Prize

Choose this together before you start:

BabyTooth

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